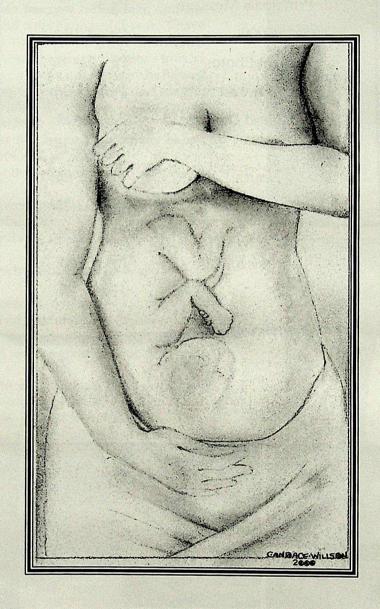
tuis the year Braemar School



Braemar School

1999 - 2000 Believe In Miracles



9359- 67A Street Edmonton, Alberta T6B 1R7 Phone: 468-3000



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Principal's Message

Dear Students:

This year we entered into the new millennium and the students of Braemar have had a very successful year. I have been so impressed with the accomplishments that the students of Braemar have achieved. Academically you continue to excel and this year we had the largest graduating class in the history of Braemar. This has been a special year for many as it was the year their child was born in, while for others it was the year of their graduation from high school.

My first year at Braemar has left me with many happy memories. Some of these memories consist of :

- Bouncing babies during volleyball games so coaches could coach;
- The always enlightening green sheet/yellow sheet days;
- The wonderful Post Secondary Day;
- Halloween and other baby days;
- Achievement Ceremonies;
- Days we made soup for lunch or ordered pizza when Marnie wasn't here;
- Students working in my conference room;
- -Cheque days (Boy we sure had great attendance on those days, Hmm I wonder why?);
- The leadership class and all the great special days they planned.

This year allowed me to gather ideas, implement new strategies and formulate a plan for the future direction of our great school. I am extremely pleased with the progress the students have made not only academically but as individuals and mothers. I wish everyone good luck with their plans and dreams, whether they are returning to Braemar, going on to post secondary education, upgrading or entering the world of work. I would also encourage all Braemar graduates; past, present and future to drop by and say hello. You will always be welcome here because you are part of the spirit that makes Braemar such a special environment.

Wishing you all the best, Louise Osland

Inspirational Thought

I hope your dreams take you...
to the corners of your smiles,
to the highest of your hopes,
to the windows of your opportunities,
and to the most special places
your heart has ever known.











Graduation 2000!



A Night To Remember

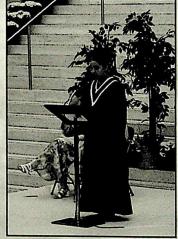
Braemar's millenium graduation was one that will not soon be forgotten. Held at city hall on Friday May 19,2000, the moving and elegant ceremony was a climax to many years of hard work and determination for our Braemar grads. As the song theme played, the girls descended down the flower lined steps of city hall to their seats. Jolene Noel kicked off the celebrations with a welcoming speech to family, friends and special guests. Lead by the very capable mistresses of ceremony; Marcella Bos and Heidi Dyck ,the evening progressed with speeches from school board members, TERRA Association and a special appearance by Ros Smith.

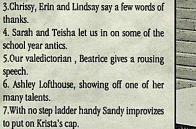
Class historians, Teisha James and Sarah Tuninga provided a heart warming look back to their years at Braemar. In an acknowlegement speech to the school staff Lindsay Dezuter, Erin Lourie and Chrissy Schnieder thanked the teachers, staff and Terra for their dedication, patience and support. Just prior to the diploma presentation, Beatrice Marsden gave her valedictorian's address. Her emotional and heartfelt account of the difficulties and triumphs of teen motherhood left many in the audience teary eyed. After the ceremony everyone headed over to the Fantasy Land Hotel for dinner and the slide show presentation.











1,2. The girls nervously await their names to be

called.











Julia Barber

Inspiration: Her daughter Future Goals: Julia plans to persue a degree in Massage Therapy from Grant McEwan Quote: "People doubt what you say, but they will always believe what you do."





Beckie Bowman Inspiration: Keegan Future Goals: Receive a Bachelor of Science Degree, she then wants to pursue teaching. Quote: "Persistance can help you get through difficult times. Determination can help you come out on top. Together you will succeed."

Samantha Barclay Inspiration: Her daughter Future Goals: She plans to continue her education at NAIT next year.

Quote: "I am always free to choose, I cannot lose true love, Truth is empowering."





Josephine Cardinal Inspiration: Her twin boys. Future Goals: Finishing school at the University of Alberta studying in the Law Faculty. Quote: "If you have the strength to survive, you can accomplish anything you may desire."

Jina Bergeron Inspiration: Michaela Future Goals: Pursuing her education and obtain a Bachelor of social work degree. Quote: "It is faith- in God, in others and in yourself, that moves you ahead in life."





Kim Chiew Inspiration: Her daughter. Future Goals: Plans to attend Grant McEwan for a career in Social Work.

Kelli Berreth

Inspiration: her daughter Future Goals: Taking time off from school to start her own business next year. Quote: "Believe in yourself, and others will follow. Life is not a rush, take your time and you will succeed."





Chantell Cole Inspiration: Son Jarrod. Future Goals: She is undecided on her goals for the future.

Melissa Boissonneault Inspiration: Daughter Summer Future Plans: Going to college.





Janis Dahlseide Inspiration: Justina. Future Plans: She plans to attend Grant McEwan Community College in the Mental Health Program. Quote: "Always follow your

heart."



Eindsay Dezuller Inspiration: Her daughter.

Future Goals: Going to NAIT next year and hopes one day to be a chartered accountant.

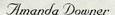




Carli Senoe

Inspiration: Cruz. Future Goals: Finishing her high school at Braemar are her goals

for next year. Quote: "It's been hard, but having my son has been the best thing that ever happened to me. He's the light of my life."



Future Goals: Plans to find some kind of meaningful employment next year.

Quote: "Finally after three years we have been released. We've finally made it."





Miranda Green

Inspiration: Liam.

Future Goals: She plans to explore options for a Post Seconday School, while enjoying her son. Quote: "Don't worry, be happy."

Deanna Ducharme

Inspiration: Her daughter.
Future Goals: Planning to continue school at Marvel College in Fashion Design and Merchandising.





Rebecca Hume

Inspiration: Her son.
Future Goals: She plans to take
Psychology at the U of A.
Quote: "Nothing so encourages
us to use our gift, nothing so
increases our chances of success,
as the realization that someone
believes in us."

Bobbi Felzien

Inspiration: Her baby
Future Goals: Going to college to
take a social work program.
Quote: "Down a very dark and
bumpy road, there's a clear path
ahead of you."





Jeisha James

Inspiration: Her daughter. Future Goals: Plans to study philosophy or being a member of a political party.

Quote: "Life is what you make it. Fate is in your hands. Love is yours to take it. Beauty is yours to glance."



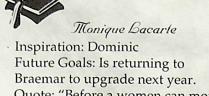
Future Goals: Talia plans to have a career in pediatrics in the future. Quote: "The best motivation a person can have to accomplish themselves in life is having a child and being a mother. Now is the time for a new beginning!"





Shana Kalan
Inspiration: Her baby.
Future Goals: She wants to
pursue a career as a Youth Care

worker.



Quote: "Before a women can move the world, she must first move herself."





Ashley Bofthouse Inspiration: Daughter Talajah. Future Goals: She plans to take the Office Administration course offered at Norquest College.

Chasily Bacoursiere

Inspiration: Dakota Future Goals: She plans to attend Grant McEwan or Red Deer College for Legal Secretary or Paralegal. Quote: "Never give up, no matter

how hard life gets."





Erin Bourie Inspiration: Her daughter. Future Goals: She plans to go to enter Law Enforcement. Quote: "Everything in life is changeable. It's up to you to accept what you have, or strive to achieve your maximum potential."

Alicia Bawson

Inspiration: Emma Audrey. Future Goals: Becoming a kindergarten teacher. Quote: "Always remember who you are. Strive to be yourself and not someone else. Stand up for what you believe. Don't let anyone crush your dreams."





Beatrice Marsden

Inspiration: Her daughter. Future Goals: She plans to become a Systems Analyst. Quote: "You can do anything that you want to do. You are the only one who can prevents your dreams from coming true. So be

good to yourself by trying your best and you will succeed."

Holly Bewis Inspiration: Her son. Future Goals: Attending Grant McEwan and then transferring to the University of Alberta. Quote: "What lies behind us and before us are tiny matters

compared to what lies within us."





Theresa Miller Inspiration: Her daughter Megan. Future Goals: She plans to become a Registered Nurse once she is finished her schooling.



Inspiration: Nicholas John. Future Goals: Taking a child and youth care program at Grant McEwan.

Quote: "It is a wonderful feeling when someone tells you that they are proud of you, but true satisfaction comes when you are proud of yourself.



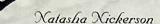


Jolene Noel

Inspiration: Seth Future Goals: Recieving a degree in

Forestry/Conservation.

Quote: "We have nothing to fear, but fear itself. It's been long and trying, but the outcome is so rewarding."



Inspiration: Her child.
Future Goals: She plans to become a Massage Therapist after she graduates from Grant McEwan.





Nrista Schnell
Inspiration: Dylan.
Future Goals: She is continuing her education at Grant

McEwan.

Quote: "If we don't change our direction, we are likely to end up where we are headed." Ancient Chinese Proverb.

Dallas Papin
Inspiration: Her girls.
Future Goals: Plans to
continue school.
Quote: "Everything is
connected to everthing else;
Everything must go
somewhere; No one knows
what is the best for you, but
you."





Talie Scott
Inspiration: Her daughter.
Future Goals: Attend a Post
Secondary School in Public
Relations and Marketing
program.

Cleo Pinnock

Inspiration: Her baby. Future Goals: Becoming an Architect.

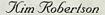
Quote: "It has been a challenge however it has been nothing but fun. When I walk away from high school I will have a diploma and a child all in the same year. The best part is I can't wait to start college."





Rockcie Severeight Future Goals: To get a journeymans certificate in carpentry.

Quote: "Life can bring you down but while you're down, it gives you wisdom that can bring you up. I have learned that while life is giving you lessons the hard way, it is only making life easier for you in the future.



Inspiration: Brandon.

Future Goals: Plans to continue

school.

Quote: "Don't ever quit, no matter how hard it may be and always live life to the fullest, you'll never know when the day comes and there is no tomorrow."





Adrienne Sharpe
Inspiration: Her child.
Future Goals: Going to
attend Alberta College next
year and then transfer to
Simon Fraser University.

Chrissy Schneider
Inspiration: Her son Cody.
Future Goals: She plans to work
full~time next year, but is unsure
on what she plans to do in the
future.





Vanessa Sharpe
Inspiration: Her child.
Future Goals: Plans to be
working as a Nurse or an
Early Childhood Educator.





Inspiration: Her son and

boyfriend.

Future Goals: Taking a Nursing program at NorQuest College. Quote: "There are many

things in life that will catch your eye, but only a few will catch your heart. Pursue

those."



Inspiration: Her daughter. Future Goals: Plans to continue her education to work in the field of Holistic Medicine.



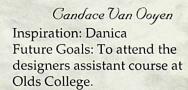




Inspiration: Autumn.
Future Goals: Plans to attend
Center High.
Quote: "Seek knowledge and
put the knowledge you have to

Sarah Jane Juininga

Quote: "Seek knowledge and put the knowledge you have to use; Seek for inner peace~ within lie all the answers; Follow your intuition, be true to yourself.

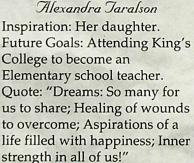


Matrina Steiner
Inspiration: Her son, Zachary.
Future Goals: Plans to go to
Norquest College to take the
Office Administration course
offered.





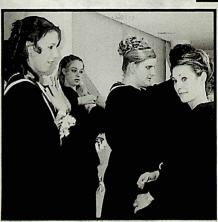
Christina Wallsmith
Inspiration: Her children
Future Goals: She plans to enter
the accounting program at
NAIT.

















Thanks for the Memories



The ladies of Braemar cut loose and enjoy their evening in style.





















Creating A Future



Abbot, Emma Arcand, Deanna Aspden, Dorinda Auger, Carmele Badger, Cher Baril, Amanda Batouche, Joslyn Burns, Tiffany Buxton, Shelly Cook, Nicole Blake, Shelly Bolinski, Brandy Bos, Marcella Boucher, Cherilyn Brandle, Melissa Brown, Leeann Campiou, Lola Collins, Angelica Contois, Alexis Cramer, Mellisa Crew, Nicole Crosby, Brenda Diaz, Mercedes Doll, Amber Dorn, Candice

You can run but you can't hide!





Jessica, Savannah and Tiffany try to elude the photographer









































Glendinning, Kerri Greenlees, Cecely Gregory, Ceciley Grimard, Mandi

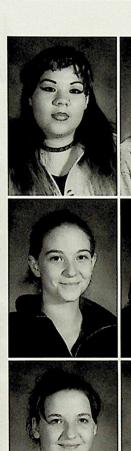


Guillion, Nadine Hamilton, Terri-Lyn Harris, Crystal Hartman, Cindy Havens, Tiffany Henderson, Jessica Higueros, Julia Ho, Linda Howie, Amber Howse, Claudine Houle, Jessica Janvier, Reanna Jenkins, Amanda Kaiser, Savannah Katan, Shana Kennett, Sarah J. Kootenay, Tara Kowand, Amanda Krall, Sabrina Leblanc, Tanya Leonard, Dawn Lewis, Alissa Loshack, Anna Marsh, Amanda Matchatis, Gabrielle







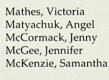










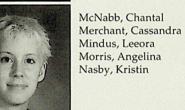


































Reid, Katie Ryder, Angel Samu, Lindsay Saunders, Laura Sayer, Amanda



Schultenkamper, M. Schumaker, Kacey Seguin, Sarah Sparkes, Tamara Steinhauer, Lee Ann











Swindler, Christa Taylor, Asenath Thomas, Candace Thurlow, Jaycee Turner, Suzanne











Uhl, Jessie Vandenberg, Amanda Ward, Jessica Weaver, Kelly Whiting, Cara











Wilk, Shannon Willson, Candace Wong, Tiffany Youngs, Michelle Zimmerman, Jennifer











Missing In Action



Janelle Gerrits
Shannon Gibbs
Kerri Glendinning
Mysty Henry
Monica Kosobudzki
Nicole Laundry
Lindsay Lavoie
Lesley Lumb
Michelle McCullough
Jennifer McIntyre
Leslie-Rae Michelle
Damaris Pachenco
Stacey Short
Ginny Truscott

Ashley Turner Karla Wilkinson







Braemar teachers and staff

1999-2000



The teachers and staff at Braemar are a very special group of people. They strive to provide opportunities for the success of their students, encouraging the girls to make the most of their time here. Yearound they are there to help the students learn about academics, themselves and life. They are a shoulder to cry on and an ear that will listen.

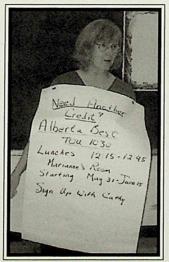
- 1. The staff picture at the beginning of the year, enthusiasm was in the air.
- 2. Karen and Louise sharing a laugh at the grad dinner.
- 3. Sandra, hanging out in PhysEd.
- 4. Nick and Andy, don't they make a cute couple.
- 5. Laughter is the best medicine for Sandy and Chris at the end of a long day.
- 6. Bill and Karla try to figure out what is wrong with the computer.
- 7. Proof that Braemar teachers will do just about anything to get you into classes.
- 8. Stress, What stress?
- 9. Early bird Marianne, always has a smile on her face.
- 10. Shelly welcomes her students into class.

























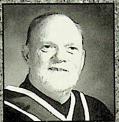




Louise Osland



Alice Joosse



Bill Kochler
Communer/C.T.S



Sandy Lee Social Studies



Kathleen MacInroy



Michelle MacFadyen
English



Sandra Mason Learning Strat / Leadership



Karen Rosborough Mathematics



Marianne Siaflekis English/Math



Chris Tabaki Fashion/Foods



Cathy Wyard Scott
Computers/C.T.S





Office Staff



Where would we be without these ladics?

Day in and day out the Office staff at Braemar are there to help with everything. from doctors appointements to bus passes. Carolyn is always ready with a smile, even on check days. The always elegant Helane Is there to make sure you get your messages and object, your late slips look Photocopies problems? Its Bonnie to the rescue with sense of humour everytime.





Carolyn Nault



Bonnie Subley



Braemar Sparklest

You don't often see them during school hours and you certainly don't hear them but they are there, quietly cleaning and sweeping our school. The janutors of Braemar don't often get a lot of recognition, but without them we would be a mess. Jovino and his team are ays there behind the scenes moving furniture, setting up the P.A. fixing the pipes and waxing the floors. Our school has long been one of the cleanest in Edmonton and that is thanks to the hard work of our jamiforial staff. Thank you so much:



Mariton Bartan

Open For Interpretation



lovino linostro

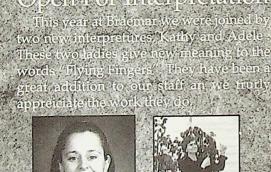




Another new addition to the staft this year was Marta. Our library was in desperate need of an overhaul and Marta came to the rescue. She is alway willing to help and is full of interesting information. Stop by the library and so fiello to the cutest lady around.









Farewell Friends!

The end of the 2000 school year saw the departure of many members of the Braemar team. All have moved on to new adventures but the contributions they made to our school environment will not soon be forgotten. We wish them well and hope to see them dropping by for a visit.



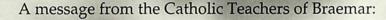












"Whither thou Go'est I will Go"

From each of the Catholic teachers at Braemar: Chris tabaka, Michelle MacFadyen, and Kathy MacInroy. We want to express our gratitude for the enrichment we have experienced teaching at Braemar. As teachers from the Catholic board we have been blessed to be a part of the wonderfull collaborations that have made up the phenomenal goodness of this school. We speak for all Catholic teachers who have been a part of this venture for 25 years when we say that we are the lucky ones. The experiences we have had, of making personal connections and contributions to the lives of our students, and to fulfillment of our hearts will walk with us forever. From each of us and all of the Edmonton Catholic teachers who have participated with Terra over the years, we thank-you, for together we have truly served God in one another.









Medical Team

Braemar was very priviledged this year to have medical staff on site four out of five days of the week. From birth control to the dental hygenist, prenatal to gynecology, we had it all this year. Special thanks go out to:

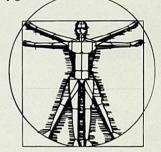
Dr. Dibden

Cory and Barb - Birth control nurses

Dr. Lappa

Joanne-Dental Hygenist

Dr. Reshi

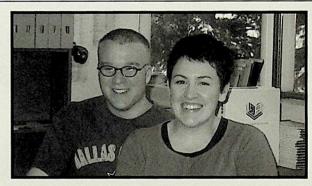




Legal Team

Every Tuesday at lunch the diligent volunteers with student legal services could be found outside Alice's office helping people in need. We hope that next year we will continue to have these knowlegable people guiding us through the difficult situations in our lives. Keep them in mind next time you have problems in any of the following situations:

- * Landlord Tenant issues
- * Child Custody
- * Common Law Relationships











Terra Clothes Closet

Open Tuesdays and Thursdays at lunch the close closet is a great place to find bargins. EVERYTHING IS FREE!!. Thanks to the wonderful donations of community members, former students and staff, the clothes closet is never empty. From clothes for all seasons, to shoes, toys and even food the ladies of the clothes closet have something for you. Drop in and see them sometime you never know what treasures you'll find.





TERRA Counsiling Services

Year round the TERRA counsiling offices are open to help you with any problems you may have. Sandra's smiling face is there to greet you as you come in the door. The ladies of TERRA are there to help you with everything from housing to outreach services. They provide proactive sessions to help girls make some positive personal decisions. Some of the programs they offered this year:

- * Health for Two
- * Kick Butt (this program will never have a shortage of participants)
- * Collective Kitchen
- * Family Fun Nights



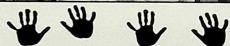


TERRA CHILDCARE CENTER

Our school is exceptional, not only for the programming the girls receive but because of the excellent on site daycare provided by the TERRA association. The dedicated and qualified staff provide excellent care to the many infants and toddlers in the facility. This year the daycare had the highest number of placements yet.

The daycare not only looked after the children, it also provided programs to help build relationships between mother and child. Rhymes that Bind and Nobody's Perfect were just some of the programs offered this year. The staff in the daycare also organized many of the activities for our in school baby days this year. Patsy also took over the childcare program in second semester continuing to offer girls the opportunity to earn their level 1 daycare certificate.





































FOOD, FOOD FABULOUS FOOD!

If one thing can be said about Braemar, we love to eat. This year Marnie returned to provided us with delicious treats for lunch. To keep up with the demand, Stacey Short gave Marnie some much needed help in the Bistro at lunch. Some of the menu favorites included:

- * Fries and Gravy
- * Marine's delicious chicken noodle or hamburger soups
- * Nacho's with extra sour cream and salsa
- * The always tasty pasta salad

One occasions when Marnie wasn't here the girls were treated to free soup day's by Louise. In January the school had a soup cook off where each homeroom class cooked up their own specialty soup for the school to sample at lunch. Some of the tasty varieties were gumbo, won ton, hamburger and two different chowders. Needless to say there were not many left overs on that day. We also need to thank Jody Albert and Helen for ordering and serving pizza. They helped to ensure we didn't go hungry near the end of second semester.











We Love Our

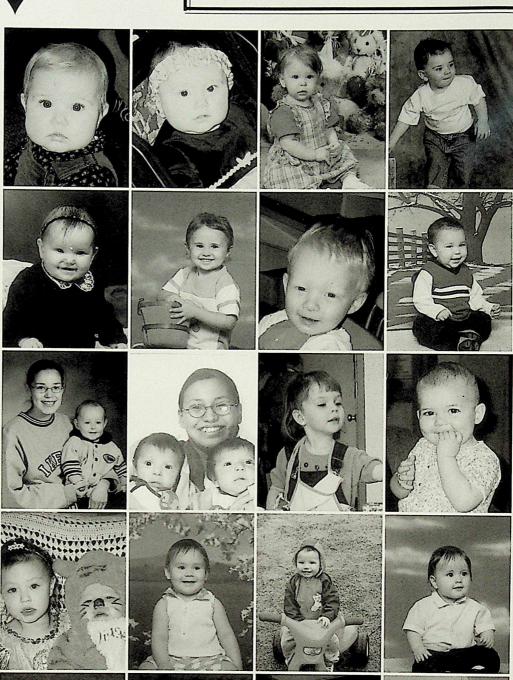
Abbot, C. Barber, Tatumn Bowman, Keegan Bearchell, Skylar

Bergeron, Michaela Berrith, Kayla Bos, Jaden Campiou, Joshua

Collins, Tristan Cardinal, Ryley and Austin Dahlseide, Justina Dezutter, Bailey

Gladue, Nikita and Elijah Goodridge, C. Grimard, Jade Hartford, Dominic

Howie, Noah James, Shariff Kaiser, MacKenzie Krall, Jordana





Braemar Babies!!





Kowand, Karl Lacousier, Dakota Laundry, Mariah Lawson, Emma

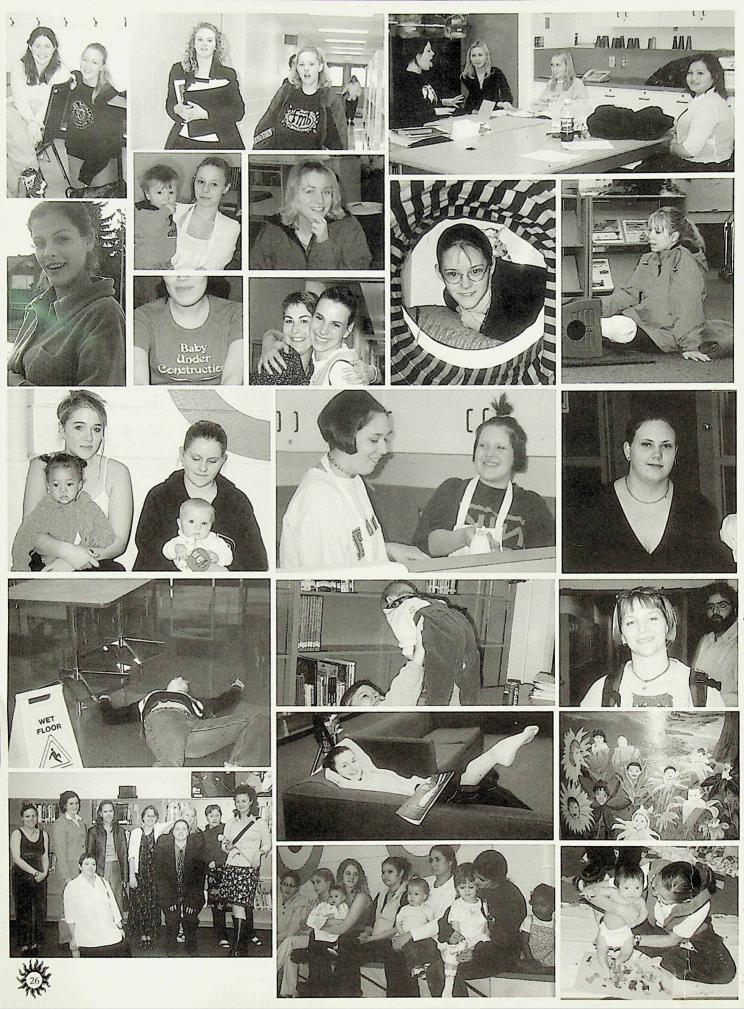
Lightening, Kiera Marsden, Chytana Marshall, Taylor McCullough, Tyrel

McGee, Kalten McKenzie, J.J. Mindus, Ethan Morris, Andrew andWilliam Ferguson

Riley, Sommer Schumaker, Katera Struth, Kyle Turner, Preston

Tuninga, Autumn VanOoyen, Danica Ward, Kyla Whiting, Gabriel





Academics

One of the focuses of Braemar is achievement. The goal of many of the girls is to get their diploma so that they can move on in their lives and create a better future for themselves and their children. Here is a look at some of the classes of Braemar 2000.

English

Shelly made stories come alive in her classroom. In this last schol year Marianne and Shelly offered almost every possible level of english course available. Time was spent on poetry, Shakespeare and novel study. Oh yes, and we can't forget the hours spent on essay writing and "gramr". During the year girls were treated to a trip to the Citadel Theater to see a play as well as a trip to the movies to see a book they were reading on the big screen.









Mathematics

Voted the funniest teacher this past year, Karen serves up math in a way that is easy to understand. Everything from rhombuses to conics, trigonometry to problem solving Karen's the one to see. No field trips here, but who needs to go anywhere when Karen can relate conics to tales of plastic bag princesses.

Tips to stay on Karens good side

- Always have your homework done
- return the textbook (your life may depend on it!)



Science

1999-2000 was a record year for science courses at Braemar. Kathy's unique style brought some much needed enthusiasm to the subjects of biology and chemistry. Highlights of the year in science as always were the dissections. Kathy also took some of her students to the University of Alberta chemistry labs where they learnt about practical applications of science. They also had they opportunity to make nylon from scratch.





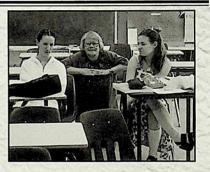






Social Studies

This year brought another new face to our school Sandy Lee. Never at a loss for words Sandy and her girls had many interesting conversations in her classroom. Everything from the Canadian parliment to communism was covered in her classes. One interesting aspect of her teaching style was that she ordered in special issues of the Globe and Mail newspaper. These issues contained the top news stories not of today, but of the last year of WWII . This really brought history alive for the girls.









Foods and Fashion

As usual this year was a busy year in the foods and fashions labs. Under the careful guidance of Chris, our girls created wonderful soups, pies, breads and meat dishes.

In the fashion lab many girls could be found at the sewing machines, making outfits for themselves or their children. Grad was an exciting time here in the school and it carried over into the fashion lab where a few of our girls made there own grad dresses. Most notable was Deanna Ducharme's long metallic silver dress







Computers and C.T.S

This was Braeman sheet year even for computers and C.T.S. courses. There was an extremel (wide range of courses and credit opportunities available to girls this year. There were the traditional offerings of computers, psycology, law accounting and typing. Bill, and Cathy introduced some new courses this year as well. Tourism stricties, handy for working in the hotel industry, and enterprise and innovation were offered to those interested. It is hoped that a few more courses will be added in the fall allowing many guits the opportunity to gain entry level experience in a variety of areas.



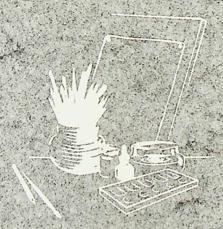


nations

Block four was known as the option class, for some that meant optional to go to but for others is was a chance to learn something a little out of the ordinary. Let take a look at what was offered in the 1999- 2000 school year.

Art

Braeman is home to some very talented people. This is evident as you walk the halls and see the wonderful student paintings displayed. The indual in the catetoria is also a prominent example of the artistic abilities of past and present students. Under the guidance of Sandra, very talented young women produced some beautiful antwork. They learned drawing techniques and crafty ideas which kept them busy throughout the senester.

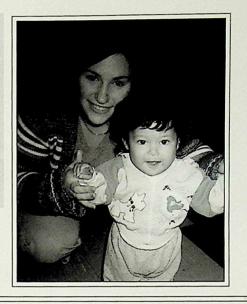






Childcare

Karen and Patsy provided the opportunity for some of our student to receive their level 1 certificate for child care. This allows the grils to work in a daycare, which can come in handy especially during the summer months. The students learn about family dynamics, procedures to follow in a daycare and yes how to make playdough and cookies.



Drama

Thanks to Sandy, drama was a new option offered at Braemar this year. Students studied the elements of character, plot and presentation. The students in this class also took on the tasks of providing a Rememberence Day celebration as well as the Christmas concert. Thank you ladies.





Insights

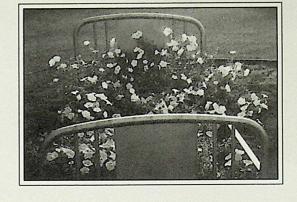
Insights, a popular course offered by Shelly, allows students to see a variety of different perspectives. Students looked at different religons, life, death and psycic experiences. Students also have an opportunity to learn how to interpret their dreams and to also see the symbolism in a medicine wheel. One of the highlights of the year was when a psychic came in to talk to the girls about her life and experiences. The girls found it very interesting and some were even treated to psychic readings.

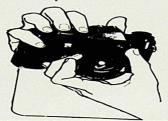




Photography

Kathy took over the photography course this year at Braemar. The course allowed student to receive up to three credits in consecutive modules in photography. Students learned about the basics of photography and had the opportunity to build and use their own primitive cameras. They also worked on looking at photography form an artistic point of view in terms of line, shape and color.





PhysEd

Braemar has excellent facillities for students interested in getting themselves into shape. Sandra offered Phys Ed during the first semster and it was taken over by Andy and Nick from outreach for the second half of the year. Because of the small class sizes students had the oportunity to do things that other schools might not. One of the highlight s of the program this year was when the phys ed girls class went on a field trip to a rock climbing wall. While many were a little nervous, they got the "hang" of it right away.







Leadership

These girls had spirit! Whether it was school trips or fun days the leadership girls were there to organize us and get the job done. Although response wasn't always great, these girls never gave up and deserve credit for the hard work they have done. Some of the activities they had a hand in this year were:

- * selling the school calendar
- * penny race to raise money for the United Way
- * Braemar open house
- * planning a ski trip
- * pyjama day
- * dress up day
- * year end picnic







Sports

Go Amazons!!

The sports teams this year had a lot of spunk. We started off the year with a lot of enthusiasm but unfortunately ran out of steam by second semester. As a result only our volleyball team managed to finish a full season. Almost more entertaining than the games though, was the look on peoples faces as our girls and their babies entered the various gyms around the city. It is not every day you see playpens and strollers behind the team bench. Special mention also has to be given to the teachers, parents and friends who took time out to watch babies during game time. Thank you so much!

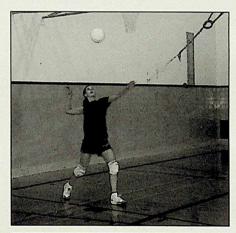
VOLLEY BALL

This year was the second consequtive year that the Braemar Amazons have been in the interschool volley ball league. Coached by Andy Connelly of Outreach fame, the Braemar girls suffered many skinned knees and bruised elbows in their quest for victory. While the teams record of wins was not exceptional they sure tried hard. Julia was the team cheer leader, her voice could always be heard shouting "Good Job Ladies".



Dorinda Aspden Holly Lewis
Julia Barber Erin Lourie
Ruth Ginther Katie Scott
Jessica Henderson Kerri Soto
Amber Howie Sarah Tuninga
Alicia Lawson











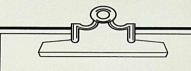
BasketBall

The Amazon's Basketball team had a short lived season this year at Braemar due to a lack of participation. In the few games they did have, they showed a lot of spunk and proved they could be just as forceful as the next woman. Thanks go out to Nick Diederichs for taking time out to coach our girls for a second year.





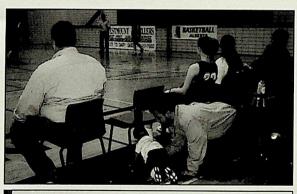




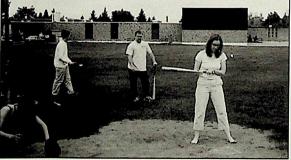
Team Members

Carmele Auger Chantel Gartner Ruth Ginther Mandi Grimard Teisha James Alicia Lawson Veronica Newman Sarah Tuninga

Getting Sporty At Braemar











Semester One Awards

Academic Achievement

Amanda Baril Savannah Kaiser Tina Bergeron Nicole Landry Chantell Cole Holly Lewis Lindsay Dezutter Erin Lourie Deanna Ducharme Beatrice Marsden Heidi Dyck Angel Matyachuk Ruth Ginther Krista Schnell Becky Hume Vanessa Sharpe Rhiannon Janvier Christa Swindler Amanda Jenkins Jaycee Thurlow Ashley Lofthouse Shannon Wilck

Most Improved

Mary Forrester
Annette Fuentes
Christina Gauthier
Mandi Grimard
Savannah Kaiser

Theresa Miller
Angie Morris
Kim Robertson
Sarah Tuninga

Excellent Attendance

Beckie Bowman Angel Matyachuk Lindsay Dezutter Angie Morris Heidi Dyck Vanessa Sharpe April Finnigan Jaycee Thurlow Shana Katan Candace Willson Chasity Lacoursiere

Best Effort

Deanna Arcand Holly Lewis Julia Barber Angel Matyachuk Katie Scott Amanda Baril Rockcie Severight Tiffany Burns Chantell Cole Stacey Short Heidi Dyck Katrina Steiner Amanda Jenkins Asenath Taylor Amanda Kowand Suzanne Turner Chastity Lacoursiere Candice Willson

Student Leadership

Julia Barber







Semester Two Awards

Academic Achievement Math

English

Jody Albert Erin Lourie Beckie Bowman Heidi Dyck Janelle Gerrits Cleo Pinnock

Crystal McKenzie Shannon Gibbs

Deanna Ducharme Samantha Barclay Christina Wallsmith Beatrice Marsden

Science

Beckie Bowman Angelica Collins Mary Forrester

Holly Lewis Angel Matyachuk Social Studies

Jody Albert Mandi Grimard Angelica Collins Kerri Glendinning Lindsay Dezutter Teisha James

Fashion

Angel Matyachuk Candi Van Ooyen Adrienne Sharpe

Foods

Amber Howie Kristin Nasby

Most Improved

Chantell Cole Kelly Berrith Angelina Demers Brandy Firth Mary Forrester Amanda Jenkins

Savannah Kaiser Nicole Landry Angel Matyachuk Angie Morris Cleo Pinnock Melissa Richards

Chrissy Schneider Kacey Schumaker Sarah Tuninga Jaycee Thurlow

Best Effort

Emma Abbott Iulia Barber Amanda Baril Kelli Berreth Tina Bergeron Angelica Collins Megan Dean

Heidi Dyck Bobbie Felzien Crystal Gladue Kerri Glendinning Beckie Hume Sabrina Krall Lesley Lumb

Beatrice Marsden Michelle McCullough Adrienne Sharpe Stacey Short Katrina Steiner Jaycee Thurlow Candice Willson







YEAR END AWARDS

Held on June 15, 2000, Braemar's year end awards was a fitting end to months of hard work by many of our girls. Awards were given out not only for the second semester performance, but to students who have displayed consistant effort over the year. Girls were recognized not only for their academic performance but for their school and community involvement as well.

This year was also special because students were able to say good bye to the many staffmembers who would not be returning next year. Flowers and gifts were presented to Brenda and Cathy Wyard Scott for their hard work and dedication to Braemar over the last few years. Jody Albert had a special surprise for some of the teachers when she presented memory books to them, celebrating their time at Braemar.

Major Award Winners

High School Citizenship Award Barbara Turnbull Citizenship Award John King CTS Buisiness Award Kiwanis Academic Excellence Jolene Noel Annette Fuentes Beatrice Marsden Tanis Dahlseide

Top Students Of 1999-2000

English Erin Lourie

Math Lindsay Dezutter

Science Beckie Bowman

Social Deanna Arcand

Computers Jody Datzoff

Fashion Deanna Ducharme

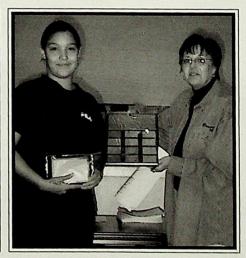
Foods Patricia Falk













LEARNING FOR LIFE



Braemar is not only unique facility, it has unique programming as well. Held every wednesday afternoon, Learning for Life is a program designed to include all the elements of the health and CALM curriculum without having the students doing the regular boring classwork.

Students have the opportunity to hear interesting guest speakers, take first aid classes, or do work experience depending on their level of credits. Braemar was very lucky this year because we were able to get a lot of interesting people to come to the school. Some of the highlights this year were:

- * The news women of A-Channel coming to talk about women and career choices
- * A theater group using comedy to promote discussion about sex and relationships.
- * Gizmo Williams telling us why we should stay in school and how to overcome difficult times in our lives.





1.Mrs. Qwan teaches us about being a traditional Korean Mother

2.The ladies of A-channel show off the "Big Braemar Mugs".

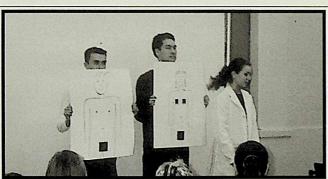
3. Gizmo gives us the 411 about staying on the right track. 4. Visual aides are alway handy to have.

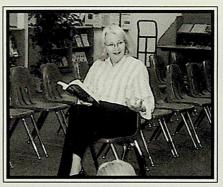
5. We get treated to some ghost stories for haloween.

6. Dr. Seuss will never be the same now that Andy's got a hold of it.

7. Cora and April are no dummies when it comes to first aid.

8. Everyone enjoying a session of LFL.















Special Days

Along with the activities for learning for life, the students at Braemar had time to participate in seasonal holiday activities with their children. Known as "Baby Days", the girls had a chance to spend the day wit their kids and have some fun to.

HALLOWEEN

On October29, 1999,mom's and babies got to have some fun enjoying haloween. The daycare workers set up activities in the morning in various areas around the school. Students and their kids could choose from making small toy's, decorating cookies, singing songs and watching a movie. Later on in the day there was a halloween parade around the school so that everyone could see the ghouls and goblins. There was also a halloween carnival in the gym where kids could get face painting, buy popcorn or try to catch a prize in the fish pond. By the end of the day many babies were fast asleep and the moms were not far behind.



























Christmas

Christmas is a special time of year for both adults and kids. We celebrated Christmas on Dec.17, 1999. Some of the highlights were the reading of "The Night Before Christmas" by Sandy's drama group, Julia Barber signing christmas caroles throughout the school and Patsy and Sandra's rendition of "The Twelvele Hours of Labour". Santa paid a vistit to moms and their babies in the library. We also had a wonderful turkey feast for lunch.

















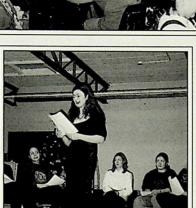


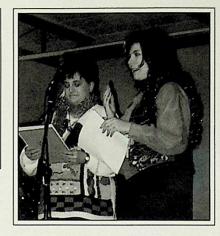




- 1. They turkey doesn't last long with all the hungry mouth's to feed.
- 2. Sandra and Patsy give us some holiday cheer.
- 3.Oh no someone got caught under the mistle toe.
- 4. Julia adds a little music to our lives











Taking A Spring Break

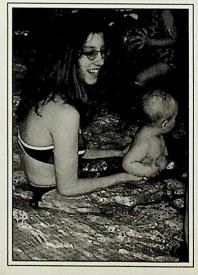
The baby day in March was used to celebrate spring. Girls participated in activities in the morning and in the afternoon had a choice of going swimming or taking part in strollersize in the gym.



















Our mystery bunny(aka Jody Albert) spreads some Easter magic



Having fun











Sharing the good times





CAREER FAIR

The Future Is Within Reach

This year Braemar was fortunate enough to have a post secondary career fair. Organized by Alice Joose, this career fair brought in post secondary schools from all over Alberta. Students had the opportunity to see where programs were being offered and what the requirements at different places would be.

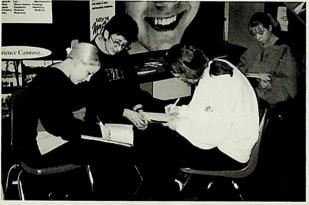
The presenters from each school were open to questions from the students about the different programs they offered. Many of the girls found it very helpful because it helped them to narrow down their choices for where they wanted to go after Braemar. There were schools from Lethbridge to Lac La Biche and all had variety of different resources for the girls to use. Some places even provided on site housing and daycare. Overall it was a very successful morning for everyone involved and it is hoped that presentations like this will be available to Braemar girls for years to come.

- 1. Rockcie checks out Lakeland College.
- 2. Jolene and Tiffany smile for the camera.
- 3. Raylene Doherty fills out some paperwork.
- 4. "How many cute guys are at GMCC?"
 Bobbie and Dawn make a note.
- 5. Cara checks out a display from the U of
- 6.Jen Z. gets some info from Norquest
- 7. Kelly and Sandy have a chat.
- 8. Julia can't contain her excitement.

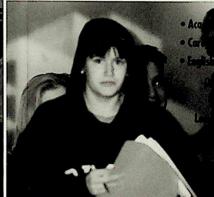




















Native Spirituality



This year marked the beginning of a focus on native spirituality. A high percentage of our student population has roots in a native background. This year the school promoted involvement in native culture by bringing in Eva Bouliou throughout the year. She came in for sweet grass ceremonies and to get girls involved in native crafts such as moccasins and moss bags.

On culture day we were able to attend a sweet grass ceremony and we also had the chance to attend a session given by women from the Native Friendship Center. They came to discuss how values in native culture have changed and what could be done to try and recapture some of what has been lost. As a finally to the day, the Ben Calf Robe dancers came and performed for us. The day ended with everyone enjoying a traditional round dance in the gym.





White Buffalo

I hear her speak. Her words are strong, Like a millon Buffalo Thundering along.

Her words are Peace, Love, and Life No more strife And no more fight.

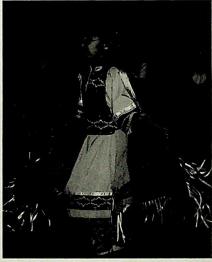
Hear, our people; We are still alive, With the sacred wisdom That lives inside.

As one nation,
We come alive
To fulfill the dreams
That live inside.

© 1999

By: Running Elk Woman





Words To Live By

Yesterday, I Cried

By Iyanla Vanzant

Yesterday, I cried,

I came home, went straight to my room, sat on the edge of my bed, kicked off my shoes, unbooked my bra, and I had myself a good cry.

I'm telling you.

I cried until my nose was running all over the silk blouse I got on sale.

I cried until my ears were hot.

Leried until my head was hurting so bad that I could hardly see the pile of soiled tissues lying on the floor at my feet.

I want you to understand,

I had myself a really good cry yesterday.

Yesterday, I cried,

for all the days that I was too busy, or too tired, or too mad to ery,

I cried for all the days, and all the ways,

and all the times I had dishonored, disrespected, and disconnected my Self from myself, only to have it reflected back to me in the ways others did to me

the same things I had already done to myself.
I cried for all the things I had given, only to have them stolen:

for all the things I had asked for that had

yet to

show up;

for all the things I had accomplished, only to give them away, to people in circumstances,

which left me feeling empty, and battered and plain old used.

I cried because there really does come a time when the only thing left for you to do is cry.

Yesterday, Leried.

I cried because little boys get left by their daddies; and little girls get forgotten by their mommies; and daddies don't know what to do, so they leave; and mommies get left, so they get mad.

I cried because I had a little boy, and because I was a little girl, and because I was a monmy who didn't know what to do, and because I wanted my daddy to be there for me so badly until I ached.

Yesterday, I cried.

I cried because I hurt. I cried because I was hurt.

I cried because hurt has no place to go

except deeper into the pain that caused it in the first place,

and when it gets there, the hurt wakes you up.

I cried because it was too late. I cried because it was time.

I cried because my soul knew that I didn't know that my soul knew everything I needed to know,

I cried a soulful cry yesterday, and it felt so good.

It felt so very, very bad.

In the midst of my crying, I felt my freedom coming,

Because

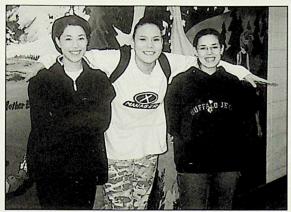
Yesterday, I cried

with an agenda.

"Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved."

William Jennings Bryan

Hanging Out





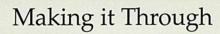




Hanging On



We are open for



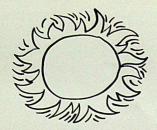












YEAR END PICNIC



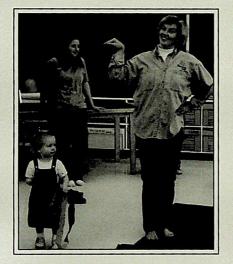
This year our school year end picnic was held on June 16,2000. Due to bad weather all week, the event was held at the school instead of the traditional spot, Rundle Park. The rainy weather did not dampen our spirits, we still had a good time.

The events of the morning got off on a cheerful note as the years best students where honoured at an awards ceremony. Awards were given out by teachers and TERRA staff to girls who truely deserved them after a long year of hard work. Special presentations were also made to staff who would not be returning to Braemar next year.

Following the ceremony the festivities began. Jody Albert led a sing-a -long in Sandra's room while other students enjoyed a movie with Sandy. Following these activities there was face painting in the cafeteria for young and old alike and a relay race in the library. It is not every day that you get to see Louise or Patsy riding a tricycle!. The hilarious antics in the relay were followed by a smashing time in Sandra's room. The leadership students had been working hard all week building piniata's for the kids and moms. There were goodies to be had by all and everyone seemed to enjoy themselves.



















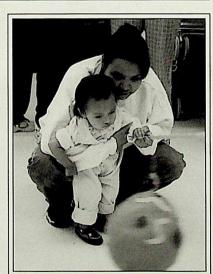
















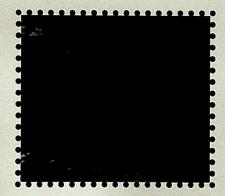
Remember Where You Were







Remember your friends /







Celebrate Life





US 101 O 2000 ProtoDist Tax



Food

Milennia

1, 9, 9, 9,



Davis Barber/PhotoEdit

Fashion

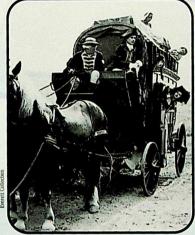
C/B Production/Stock Market

n's portation



Thinking he has pioneered a westward route to the spice-rich East Indies, Christopher Columbus lands in the Bahamas. At the time of first European contact, about 90 million Native Americans live in North and South America.

Stagecoaches offer public passenger service, and covering 15 miles a day is considered a good speed. The coaches travel in stages, changing horses at each stop. As a result, the stagecoach line is born.



Pilgrimages to religious sites are seen as acts of faith. Roads and towns develop along the pilgrim routes, expanding trade and communication in Europe. Beginning in 1096, Crusades to the distant Holy Land expose Europeans to Arab culture.



for Native Americans. Cortés carries out a harsh conquest of Montezuma and the Aztecs.

Leif Ericson reaches North America.

IIII Chinese invent magnetic compass. Marco Polo travels to China.

Mercator creates his world man.

First Conestoga wagons are built. Vulcanized rubber is invented.

Transcontinental railroad spans U.S.

Condolas first appear in Venice. London Bridge is built.

Portuguese explorers start slave trade.

Mayflower lands at Plymouth Rock. Lewis and Clark explore American West. Practical internal-combustion engine appears.

Public rides first escalator

Pirates terrorize the seas between 1690 and 1730. One of the most notorious pirates is Edward Teach, known as "Blackbeard." The fictional Captain Hook first appears in the 1904 play "Peter Pan" which inspires books, musicals and films throughout the century.



The first practical wheelchairs provide new mobility for those unable to walk. Early models of wheelchairs have three wheels and hand cranks to propel the chair forward.

During the Revolutionary War, a submarine is used in battle for the first time. Built by American David Bushnell, the one-person vessel is powered by a hand-cranked propeller. Twentieth-century submarines are complex, nuclear-powered craft used for defense and scientific purposes.

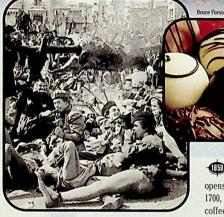


France's Montgolfier brothers launch the first hot-air balloon. Filled with smoke, the silk balloon rises to 6,000 feet. Later that year, the first passengers go aloft-a rooster, a duck and a sheep.

Birchbark canoes provide transportation for many Native Americans. The canoes are made with a light wood frame covered with pieces of bark sewn together and made watertight with melted pitch.



Find



As the millennium begins, European peasant food is plain and often scarce. Feasting on meat is reserved for the wealthy. Table utensils include only a knife; most people just eat with their hands. Slabs of dense bread, called trenchers, serve as plates.

Chocolate from the New World takes
Europe by storm.
Brought to Spain from Mexico, chocolate is so costly that
Europeans water it down for use as a drink.
Natives of Mexico have prized chocolate since ancient times.

Europe's first coffeehouse opens in England. By 1700, there are 2,000 coffeehouses in London alone. Early coffeehouses are important places to transact business. Lloyd's Coffeehouse evolves into Lloyd's of London, the giant insurance brokerage.

John Montagu, 4° Earl of Sandwich, instructs his servants to bring him his meat between two pieces of bread. This way he can eat with one hand while continuing to play cards with the other. The term "sandwich" is born.



Spices are 1400 Spice trade Native Americans 1845) Potato famine Jell-O is a Tupperware Packaged salads (2000) costly luxuries. introduce popcorn swells Irish new treat is introduced. become available. exploration. to colonists. emigration. World's first Forks first Boston Tea Party Canned foods First commercial Pop-top cans Organic food restaurant opens appear on tables tuels rebellion. appear in stores pizzeria opens. are created. sales soar. in China.

> Budgel Stretchers

Brown Brothers

Domestic ice chests provide early refrigeration.
Blocks of ice are cut, delivered to homes and
sold for use in kitchen ice chests. It is the
early 1930s before reliable electric home
refrigerators are in common use.

Alexander Campbell, Brooklyn, is the first to deliver milk in glass bottles. For many years the neighborhood milkman is the most common way to obtain fresh milk, before the age of supermarkets.

America's first large self-service supermarket opens, followed by the invention of the grocery shopping cart in 1937. During the Depression, supermarkets become a significant part of the food distribution network.

10000

Swanson creates the TV dinner, sold in boxes designed to look like television sets. Frozen dinners are possible because of Clarence Birdseye's 1929 invention of early methods for freezing food.



Choices expand in school lunch programs.
A growing number of public schools begin
featuring national fast-food outlets and soft
drink brands in the school lunchroom.



use engraved wooden blocks to print playing cards, one of the first uses of printing in Europe. Playing cards come to Europe from the Middle East during the Crusades.

Soccer is first played in America, using a sheep's bladder as a ball. As the millennium closes, millions of American youth play in organized soccer leagues. In 1999, the U.S. women's soccer team wins the World Cup.

Golf is a **®**≻ popular sport in Scotland. In 1552, Saint Andrews is a favorite place for golfing. Mary, Queen of Scots is reportedly the first woman golfer and helps spread golf's

popularity in Europe.

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takes men away from archery practice. Europeans German bowlers (1787) Invent checkers use wooden pins, stone ball. and darts

Archery competition is a common pastime in

the Middle Ages. Archery skill is so important

that English kings ban football because it

Norway Introduces alpine skiing as soort.

1855 Ice bockey originates in Canada.

James Naismith invents basketball.

LEGO company 1984 opens in Denmark. Football fans enjoy first Super Bowl.

French enjoy early form of tennis.

Native Americans play lacrosse.

Scottish blacksmith invents pedal bicycle.

Coney Island installs first roller coaster

Yo-yo is introduced in U.S.

Barbie is born.

Game consoles incorporate PC technology.

Baseball is first played as an organized sport at Hoboken, N.J., when the New York Club defeats the Knickerbocker Baseball Club on June 19. More than 100 years later, Jackie Robinson breaks the color barrier in major league baseball in 1947.

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ony Esparza CBS/Entertainment Communication

Parker Brothers introduces Monopoly, which becomes one of the world's most successful board games. By the late 1990s, the popular

Game shows become widely popular TV fare in the 1950s. One of the top 10 shows of 1959, NBC's "The Price Is Right," still draws large audiences in 1999 on CBS, where it is the longest-running game show in television history.

game is available on interactive CD.

Jordan, Michael considered by many to be basketball's greatest player, retires from the NBA. His talents lead the Chicago Bulls to six NBA championships in the 1990s.



Athens, Greece, hosts the first modern Olympics. Winter Games are not held until 1924. At the 1998 Winter Olympics, American figure skaters Tara Lipinski and Michelle Kwan win the gold and silver medals respectively, and China's Lu Chen wins the bronze.

Community is



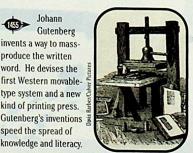
Literacy is reserved for the clergy and a few students. Monks and scribes laboriously copy books by hand using goose-quill pens. Books are such rare treasures that in some libraries they are chained to the shelf.

language differences a formal alphabet for communication by the hearing impaired.

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Johann Gutenberg invents a way to massproduce the written word. He devises the first Western movabletype system and a new kind of printing press. Gutenberg's inventions

speed the spread of



Sign language is a means William Shakespeare's "Romeo and Juliet" of communication for some is first performed. London's Globe Theater early cultures. It bridges opens in 1599, where many of his plays are staged. By 1600, the great playwright pens between societies and at least 20 plays. eventually evolves into



Most Europeans are illiterate.

Chinese Invent first movable type. (1202) Europe expands use of Arabic numerals.

(LIST) Printed music appears. (1503) Leonardo da Vinci paints Mona Lisa.

Clockmaker designs first minute hand

Declaration of Independence creates U.S.

Instant long-distance communication is possible.

Samuel Morse invents the telegraph and a

dot-dash code to carry messages over a wire.

In 1851, Hiram Sibley founds Western Union

Telegraph Company.

Japanese woman ites the first novel.

Some societies use smoke

Chaucer pens Canterbury Tales. Lead pencils make writing easier.

British Navy originates signal flag messages.

Mozart composes symphony at age eight.

Braille develops reading system for the blind.

The first regularly printed newspaper is a four-page weekly publication, the Relation, printed in Germany. It is 1702 before the first daily newspaper appears, The Daily Courant of London.

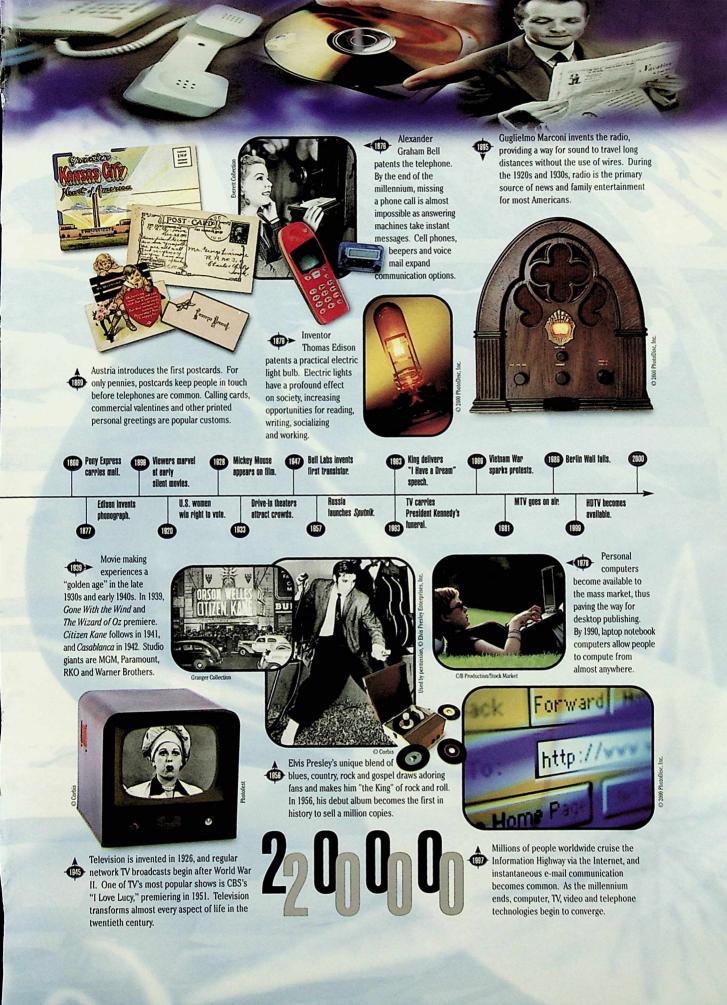


One if by land, two if by sea. Lanterns signal the advance of British troops, and Paul Revere rides to warn American colonists of the attack. His famous ride also signals the beginning of the American Revolution.



Frenchman Nicéphore Niépce creates the first permanent photograph. His partner, Louis Daguerre, carries Niépce's work further by inventing a process of capturing images on metal plates.

American Christopher Sholes invents the typewriter. To keep rapid typists from jamming the keys, Sholes designs the keyboard so that frequently combined letters are located far apart. This layout lasts into the computer age.





Medieval knights wear a short wool tunic and a coat of chain mail. Gauntlets (heavy leather gloves) and sword complete the attire, which is so costly only wealthy men can afford to be knights.

return from the Middle East with new ideas, including that of the glass mirror. In 1278, the glass mirror is produced in Venice, Italy, and Europeans see themselves clearly for the first time.

Queen Elizabeth is the fashion trendsetter, popularizing the wide skirt, jeweled wig, high bald forehead, and decorative ruff around the neck. She is rumored to have 3,000 dresses.



1000 Europeans wear simple tunics and leggings.

1288 Spectacles originate in Italy 1498 Toothbrush is invented.

High heels are popular for men and women.

Medieval men's shoes have long,

pointed toes. Individuals of higher

social status are allowed to have longer

points on their shoes, some as long as 18 inches.

Moss stuffed into the toe maintains its shape.

"Flappers" wear bobbed hair, short dresses.

W.W. II prompts shoe rationing.

Afro hairdo is popular.

Buttons appear as decoration not lasteners.

Men and women wear earrings.

Cosmetics and perfume come into fashion Corsets and bustles are essential attire. Nylon stockings first appear.

Hair gets long, skirts get short.

"Retro" fashions mimic earlier decades.

Men and women wear elaborate powdered wigs made of human hair, horsehair and goat hair. Because the large wigs are heavy and hot, some people shave their heads and wear a cloth cap under the wig to absorb perspiration.



With flowers in their hair and everywhere, hippies express their philosophy of world peace and love. Hippies favor bell-bottom jeans, granny dresses, bare feet, long hair, beads, headbands and bright colors.



The Industrial Revolution brings mass-produced textiles, standard clothing sizes and the first ready-to-wear garments. In 1851, Isaac Singer invents the home-use sewing machine.



Young Levi Strauss comes to America in the 1850s and makes riveted canvas work pants for California gold miners. When he switches from canvas to blue denim, Strauss unknowingly creates one of America's greatest contributions to fashion.



Indoor malls are popular with teens not only for shopping, but also for socializing. The first enclosed mall is built in 1956. In 1992, the Mall of America, the largest mall in the U.S., opens in Minnesota.



